
We offer a range of post-graduate programs to health professionals across Australia with students coming from diverse disciplines & health settings.



**Flinders Human Behaviour
& Health Research Unit
(FHBHRU)**

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Human Behaviour &
Health Research Unit

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POST-GRADUATE

Programs offered are at Graduate Certificate, Graduate Diploma and Masters level in the following areas.

Chronic Condition Management: Providing learning opportunities for a diverse, multi-disciplinary healthcare workforce. Developed to be highly relevant to practice and to the implementation and embedding of chronic condition management and self-management support initiatives within practice.

Mental Health: Developed for the healthcare workforce, the programs provide continuing and advanced training in the area of Cognitive Behaviour Therapy (CBT) for high prevalence psychological disorders.



PROFESSIONAL DEVELOPMENT WORKSHOPS

Chronic Condition Management: designed to provide knowledge and skills development in supporting self-management, organisational change and systems change for implementing chronic condition management into practice across diverse settings.

Communication & Motivation: introduces key concepts in communication, motivation and counselling for individual behaviour change. The workshop provides opportunities for supported practice and skill development.

Building a Complexity Competent Support Workforce: designed for the aged care workforce including workers providing direct care and staff coordinating care for clients with complex care needs. The workshop develops skills in understanding and applying general behaviour change support and communication skills to build a worker's role within the collaborative team and can be customised for aged care, disability and rehabilitation sectors.

Mental Health: offer training in the following clinical areas; Cognitive Behaviour Therapy, Motivational Interviewing, Behavioural Activation, Clinical Supervision, and Building Resilience and Young People.

For more information, please visit
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